



6690 A

School Meal Programs

Regulation 6690 A

Original Adoption: 08/13/1985
Revision Dates: 6/30/2017
Review Dates:

Effective Date: 7/1/2017

I. PURPOSE

The purpose of this regulation is to establish district-wide minimum standards for school meal experiences.

II. GENERAL STATEMENT OF REGULATION

- A. All students will be given the opportunity and encouraged to wash hands with soap and water prior to meal periods.
- B. All students who arrive at school on time shall be afforded the opportunity to participate in the school breakfast program. Students whose buses arrive late shall be given the opportunity to have breakfast.
- C. Schools shall provide appropriate levels of supervision in the location(s) where meals are served and consumed. Where appropriate the use of volunteer supervisors shall be encouraged. Volunteer supervisors shall be given appropriate orientation.
- D. **Elementary School Lunch.** In school configurations including grades K – 5, and those containing grades K-8, the following rules are established :
 1. A combined lunch and recess period of no less than 50 minutes shall be established in each school
 2. Students shall be afforded a minimum of twenty minutes in the cafeteria, or lunch location in which to be served and to eat.
 3. Daily recess shall be scheduled prior to school lunch if at all possible. Principals have the responsibility to create the school schedule.
 4. Sufficient school lunch periods shall be scheduled that will accommodate all students to eat lunch in the location(s) designated for lunch eating.
- E. **Secondary School Lunch.** In secondary schools, including middle grades schools, the following rules are established:
 1. School schedules shall be created that allow all students a half hour lunch period.
 2. Sufficient school lunch periods shall be scheduled that will accommodate all students to eat lunch in the location(s) designated for lunch eating. Principals have the responsibility for building the school schedule.

III. SCHOOL MEAL PROGRAMS REQUIREMENTS

- A. Meals offered through the National School Lunch and Breakfast Programs will:
 1. offer a variety of fruits and vegetables, with an emphasis on including fruits and vegetables from the blue/purple, green, white, yellow/orange and red groups on the monthly menu.



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2. Serve only low fat (1%) and fat free milk except when whole or 2% milk is recommended for students with special nutritional needs by their licensed physician or school nurse; offer lactose reduced milk when requested in writing by students or parents.
 3. follow district nutrition parameters eliminating the use of hydrogenated or partially hydrogenated oils, HFC, artificial sweeteners, artificial colors, flavors, additives, artificial preservatives and bromated flour.
 4. be served in portion sizes that meet National School Lunch Program and Breakfast Program requirements.
 5. meet current USDA nutrition requirements. and
 6. follow ADA requirements for physician ordered special dietary requests required by the student's disability.
 7. Vending, fundraising, and school stores sales shall not compete with school meal programs.
- B. All foods sold or served to students will be prepared in health inspected facilities under the guidance of food safety certified staff.
- C. Students shall have unrestricted access to potable water during all meal periods.

Legal References:

Minn. Stat. §124D.114 (Lactose Reduced Milk)

Minn. Stat. §124D.1158 (School Breakfast Program)

Minn. Stat. §124D.117 (Districts to Offer School Breakfast Program)

Cross References:

MPS Policy 1540 (Soliciting, Peddling and Canvassing on District Grounds)

MPS Policy 1600 (Community Use of School Facilities)

MPS Policy 1670 (Facilities Available)

MPS Policy 3261 (Vending Machines)

MPS Policy 3550 (Nutrition Services)

MPS Policy 5540 (Fundraising)

MPS Policy 6690 (Wellness)

MPS Regulation 3550 A (School Meal Programs)

MPS Regulation 6690 C (Non-Meal Program Food)